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Jewett Orthopaedic Clinic

The Team Behind the Team



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By Andrea Elliscu

With a mission to provide patients the highest quality orthopaedic services, the Jewett Orthopaedic Clinic has been an integral part of traditional healthcare in Central Florida for more than 67 years. It was founded in 1936 by Dr. Eugene L. Jewett who is known the world over as a pioneer in orthopaedic care. His insistence that "the patient comes first" is still the Clinic's policy today.

Jewett Orthopaedic Clinic, a full service orthopaedic practice, specializes in all forms of musculoskeletal disorders. Keeping pace with the ever changing field of medicine, the Jewett physicians are constantly educating themselves and the Central Florida community on state-of-the-art techniques and procedures. The Jewett Orthopaedic Clinic physicians and staff treat their patients, whether through surgery or conservative rehabilitation, with the commitment of patient care established by Dr. Jewett's founding philosophy.

The Jewett Orthopaedic Clinic has been an innovator in surgical techniques and component design since its founder invented the Jewett nail in 1941. Following Dr. Jewett's introduction of the Jew-

ett hip nail for hip fractures, it became the leading device for the treatment of hip fractures internationally. More than 40 years after its introduction, it is the most commonly used device for the treatment of hip fractures in the world.

As the group has expanded, the pioneering spirit has remained. Examples of their pioneering accomplishments include Dr. Allen Lacey, who performed the first total knee replacement surgery in the State of Florida; Dr. Carl Croft, who performed the first arthroscopic knee surgery in the Southeast; Dr. John McCutchen, who has designed three separate total hip replacement systems; and Dr. Hugh Morris, who has made significant contributions into the design and implementation of total hip, knee and shoulder replacement systems.

With more than 110,000 patient visits a year and a staff of 23 qualified physicians and six Physician Assistants, the Jewett Orthopaedic Clinic is one of the most comprehensive orthopaedic practices in the Southeast. Patients come from all over the region to consult with their physicians who are all certified or eligible for certification by the American Board of Orthopaedic Surgery.

Each physician is qualified to practice general orthopaedics and, in addition, is trained and experienced in at least one of the following subspecialties: total joint replacement, sports medicine, spinal surgery, foot and ankle, pediatric orthopaedics, osteoporosis, and surgery and rehabilitation of the hand.

Over the years the Jewett Orthopaedic Clinic has made some amazing precedents which have benefited Central Florida patients, such as creating the first local Hand Center. This Center brought six board certified, fellowship-trained hand surgeons together providing treatment and rehabilitation of all injuries related to the upper extremities (hand, elbow and shoulder), making it one of the largest private sector facilities in the country.

The Total Joint Replacement Center has performed approximately 1,500 total joint replacement procedures. The medical miracles of replacing damaged hip, knee, shoulder, elbow and finger joints relieves arthritis pain and brings back the enjoyment of an active life for the patient. "The Total Joint Center is one of the leading total joint centers in the country," states Dr. John McCutchen, CEO of the practice. "Physicians here at Jewett perform several hundred joint

Dr. Craig Mintzer evaluates a sports injury with a student athlete.



PHOTO BY TERRY CUFFEL / CORPORATE VISUAL SERVICES

On the cover, left to right, The Jewett Orthopaedic Clinic's Sports Medicine Physicians: Dr. Joseph Billings, Dr. Janet Robison, Dr. Craig Mintzer, Dr. Kenneth Krumins, Dr. John Chase, Dr. Michael Jablonski.



Dr. Janet Robison performs special tests to determine extent of injury.

replacements per year, making it one of the top centers in volume and quality. These total joint replacement procedures contributed to Florida Hospital being listed in *U.S. News & World Report* as one of the leading orthopaedic centers in the country.”

The Spine Center has been instrumental in performing some of the area's most complicated lumbar and cervical surgeries, thus sparing patient relocation to the country's larger spine centers saving money and inconvenience to the patients and their families.

The Foot and Ankle Center at Jewett Orthopaedic Clinic features Central Florida's only two fellowship-trained, board-certified or board-eligible orthopaedic physicians caring for the most complicated foot and ankle pathologies.

With all of the successes from the Jewett Centers, it is the Sports Medicine Center that has brought the most notoriety to the practice. The Sports Medicine Center was introduced in 1985 when the City of Orlando brought the Orlando Renegades football team to the area with Lee Corso as coach. The United States Football League wanted the best team of physicians for the players and recognized the leadership of the Jewett Orthopaedic Clinic. The League selected the Clinic and the sports medicine division at Jewett Orthopaedic became a reality.

This sports medicine component of Jewett didn't stop with the USFL. The Clinic was chosen shortly after that to be the team physicians for the Athletic Department at the University of Central Florida. The NBA did not have to look very far in selecting Jewett when the Orlando Magic was founded in 1988. Since then Rollins College athletics, the Orlando Predators Arena Football, the Orlando Seals Hockey, Orlando Ballet, and Cirque du Soleil all use the Jewett Sports Medicine team. Physicians for these teams include Dr. Joseph Billings for the Magic; Dr. Janet Robison for the former Orlando Miracle; Dr. Craig Mintzer for the Orlando Predators, Orlando Seals and Rollins College; Dr. Kenneth Krumins for UCF athletics; and Dr. Michael Jablonski for UCF Athletics, Orlando Ballet, and Cirque du Soleil. “Working with high level athletes creates a unique set of obstacles and opportunities. Providing this medical coverage to high profile athletes demands different expectations from not only the player but also from the organization, the media and the community,” states Dr. Joseph Billings, team physician for the Orlando Magic.

Dr. Kenneth Krumins, lead team physician for the University of Central Florida Athletic Department, states, “There has always been a strong commitment to education at Jewett. We have been actively



Dr. Kenneth Krumins (Right), team physician for UCF, discusses an athlete's plan of treatment with UCF's athletic trainer Darryl Conway.

involved in educating and training all levels of students in our community, from high schools, colleges, medical students, resident rotations, and fellowship training programs. We take great pride in the relationship we have with the Athletic Training Program at UCF. Further involvement in education includes our community-based seminars that instruct coaches and parents in the care of sports injuries. A perfect example of this would be our present emphasis on women's sports, addressing female injuries. "Realizing their orthopaedic injuries are different than those of males is very important," states Dr. John Chase, the team physician for Lake Mary High School Athletic Program. "For a number of years now, we have been aware of the difference in sports injuries between males and females. Research has shown that a program to prevent major knee injuries in girls can be effective. We instituted this program at Lake Mary High School and have seen positive results. We would like to make information about these programs more available to the community," said Dr. Chase.

The Jewett Orthopaedic Clinic flagship facility is the office located in Winter Park. This 30,000-square-foot facility houses daily

administrative operations, along with surgery scheduling, hand rehabilitation, electrodiagnosis, bone densitometry, a new MRI department, and all other orthopaedic services.

The Clinic has kept up with the rapid population growth occurring in Orlando by opening five other locations, offering the same services. These specialized orthopaedic centers are located in Longwood in the South Seminole Medical Plaza; Maitland at the RDV Sportsplex; and in the Downtown Orlando, Sand Lake Commons and University of Central Florida areas.

The Jewett Orthopaedic Clinic selects the most qualified and caring staff. Every physician, every technician, every nurse and assistant is sincerely concerned with treating each patient as a person, not just the immediate injury or problem. Not only does the Clinic provide patients with high quality orthopaedic services, it contributes full measure to the growth and development of the community.

For more information, call 407-647-2287. Hours for the centers are 8:30 a.m. to 5 p.m. Monday through Friday. The phone is answered 24 hours a day, 7 days a week. Call toll-free in Florida, 1-800-432-6635, or visit the Web site: www.jewettortho.com ■